



European Youth for Environment Socialized

YOUTH EXCHANGE

The Netherlands + Hungary + Romania



30 July-16 August 2023 (1-8 August)

Putten (Brno + Sukoró + Torockó)

Departure Gherla+Székesfehérvár 30th July. 31th July arrival in Putten, 9th August departure Putten (/arrival Brno, 11th August departure Brno/ arrival Sukoró, 13th August departure Sukoró /arrival Torockó, 16th August departure from Torockó/ home)

DATE: 01.08.2023-08.08.2023 (7 EU-activity days)

VENUE: Putten, the Netherlands

WORKING LANGUAGE: English (but it's not a problem if you or someone in your group doesn't have a high level of English language)

PARTICIPANTS: 12 participants per country (16 – 23 years old)

PARTICIPATING COUNTRIES:

- The Netherlands
- Hungary
- Romania

SUMMARY OF THE PROJECT

Our project is called: European Youth for Environment Socialized (E.Y.E.S.).

The international exchange EUROPEAN YOUTH FOR ENVIRONMENT SOCIALIZED will take place in Putten and will enable 24 young people from Hungary and Romania to join our Dutch group and to have an exciting and creative exchange about a healthy lifestyle in a sustainable environment.

Youngsters from different parts of the European Union, with different backgrounds, will meet each other in creative, innovative activities to create a sustainable, healthy and social environment. Together with the help of competences derived from intercultural and entrepreneurial learning activities, they will gain new competences and skills.



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Context/background:

The future of Europe depends on the younger generations, like the people in our target group (16-23 years old). At the moment, about 90 million citizens within Europe are between the age of 16 to 29. The present unemployment rate of people under the age 25, notably of people without sufficient competences to find a job, is too high in several parts of Europe. We have to prepare our youth for their future, in which developments in globalisation and climate change ask for an adapted set of competences compared to those needed today.

Profile of participants:

The 36 participants will come from The Netherlands, Romania and Hungary. From every country there will be 12 participants between 15 and 23 years old with different cultural backgrounds, originating from different types of rural/urbanised areas, with different levels of education and wealth of their parents/families.

Description of activities:

In Putten, the Netherlands, the main activity will be held over a period of one week. During the first two days of the program, the participants will get acquainted with each other through games, energizers, shared meals and other activities and become more comfortable as one group. During our project we will create a safe, warm and enjoyable atmosphere, where everyone feels comfortable and open to each other. This is necessary for accepting or adapting new ideas and new impressions and to feel relaxed to discuss and share experiences. The aim of these activities is to acquire competences suitable to deal with environmental and health challenges. The excursions and workshops outside Putten contribute to a better understanding and use of these competences. For the participants, this exchange will be a nice opportunity to obtain more knowledge of human rights; foreign cultures and languages; EU awareness and awareness of sustainability issues.

Methodology used:

A large variety of non-formal and intercultural learning will be used. Participants will broaden their soft and core skills. Through non-formal learning the participants will improve competences, experience and knowledge in the field of green skills, mental and physical health & creativity, arts and culture. Many



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activities with respect to habits, food, clothing, music, dancing and core values will stimulate intercultural learning. The youngsters have an active role within all items of the program and in this way they will increase their competences, which will help them to find their place within their society, including the labour market.

Results and impacts envisaged:

Getting to know people from different countries and cultures and understanding the differences between their cultures will help to enlarge the European cohesion and to diminish discrimination, misunderstandings and xenophobia. Young people from the Netherlands, Romania and Hungary will learn to develop their competencies and skills together. We expect it will have an impact on themselves as well as their local and regional communities. This enlarges their horizons and will give them more self-confidence and self-esteem.

ACCOMMODATION:

The address in Putten:

Garderenseweg 144-B,
3881 NC Putten

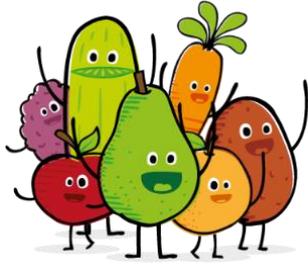
It's a nice scout centre, fully equipped with an activity room, kitchen and free Internet. The scout centre is located approximately 2 kilometres from the centre of Putten.

We can only provide accommodation on the dates indicated in the invitation. If participants want to stay any additional days outside of the dates indicated in the invitation, it is their responsibility to find accommodation.



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FOOD:

The food will be prepared and served in the scout centre. Participants are welcome to help do the dishes and clean up the kitchen. We will serve simple home-made food.

If you have any dietary wishes concerning the food (vegetarian, etc.), please inform us about it beforehand. We will provide food **with or without meat**. However, if you have any other dietary wishes concerning special ingredients or something specific etc., we would appreciate it if you could take the food that you need with you.

TRAVEL COST:

We will leave by bus, starting from the carpark of Unicarm, Gherla to Székesfehérvár and at last, to Lunteren. This journey will be free.

Travel costs will **not** be reimbursed to people who are not taking part in the entire youth exchange or not respecting the rules of the exchange program.

Only the flight cost of the return flight will be paid for **without any extras**, like extra luggage, priority boarding, etc.

100% of costs of simple accommodation and food are covered by our organisation.

Costs:

There is **a participation fee of 250 euros** that we charge every participant of the exchange. This fee is obligatory.



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Security:

We advise you to not take huge sums of money in the form of cash with you (so rather credit card/bank card). We will live in a commonly shared space and it is your personal responsibility to take care of your own belongings.

We take note of the Covid-19 regulations of each participating country and act accordingly. All participants must be fully vaccinated and they must carry the official international certificate (QR code) to the exchange as a proof of vaccinations. Use of self-tests (rapid lateral flow tests) twice a week will be required during the program, they will be provided by the facilitators.

Insurance:

We highly recommend that each participant takes care of their own additional travel insurance for the full duration of the project with travel days included. Please make sure that you have a valid European health card with you.

YOUTHPASS:

Each participant will receive a YouthPass, which is a Certificate of non-formal education (you will take part in an educational activity).

You can include it in your CV and use it for school, university, new job, etc.

In the beginning of the project we will divide the participants into small groups, in which they will reflect on the day, activities, what they have learned, personal inquiries etc. later in the evening. There will be a workshop at the end of the exchange in which the participants will work on their YouthPass using the reflections written within their Group. The YouthPass will be finalised at the end of the Exchange.



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PACKING LIST

- **ID or passport, money, insurance card/papers, needed medicine, QR code**
- Towels and personal items;
- Traditional food and snacks for **intercultural evening** (as much and as diverse as possible)
- Poster, leaflets, card, videos, traditional music, from your country/region/city;
- Info, presentation, material, stickers from your organisation;
- Clothes appropriate for any kind of weather (cold and rainy days are common in the Netherlands, but it can be hot in Hungary and Romania), good walking shoes, a hat/cap, backpack;
- Camera, laptop and other equipment making life and work easier;
- Ideas, games, ice breakers, and dancing for your cultural evening;
- A good mood and a lot of energy!

If you have any questions or suggestions, feel free to contact us!

Mail: mvendel@wxs.nl

Join our FB group

See you soon! ☺

Europese commissie

'Dit project wordt gefinancierd met de steun van de Europese Commissie. De verantwoordelijkheid voor deze publicatie ligt uitsluitend bij de auteur, de Commissie kan niet aansprakelijk worden gesteld voor het gebruik van de informatie die erin is vervat.'

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